

2016

# GREY matters



## MONDAY, SEPTEMBER 19

6:30 p.m. Pre- Registration

7:00 p.m. – 9:00 p.m. Grey Matters 2016 Cultural Evening

Delegates attending this inaugural pre-registration event will be treated to an evening of cultural entertainment. The evening will start with an Aboriginal hand drummer, honour song, and opening prayer. Then, experience the cultural diversity of the City of Grande Prairie, the County of Grande Prairie and region. This will include Irish Youth Dancers; a Francophone art display and cultural presentation; Troyanda Ukrainian Dancers; and arts and crafts exhibits.

There will be a pasta bar with a selection of green salads. A cash bar is available.

## TUESDAY, SEPTEMBER 20

7:00 a.m. Registration and Breakfast

8:30 a.m. Welcome and Opening Remarks

9:15 a.m. CONCURRENT BREAKOUT SESSIONS

***Encore Employment***

Rick Brick, MBA, CHRP, IPMA-CP, PMP, SPHR, HRMP, SHRM-SCP, Canadian Association of Retired Persons (CARP)

***Music Therapy - CONNECT in Music***

Kelsi McInnes, BMT, MTA, Songbird Melodies Music Therapy Services

***More Than Just a Meal***

Monica Morrison, Executive Director, Golden Circle Senior Resource Centre

***Recreation for Older Adults - Building a Quality Framework***

L.J. Bartle, Director HIGH FIVE National, Parks and Recreation Ontario

10:25 a.m. Displays and Refreshments

10:50 a.m. CONCURRENT BREAKOUT SESSIONS

***Helping Professionals in the Community - Understanding and Recognizing Mental Health Disorders in Community-Dwelling Seniors***

Bonnie Dobbs, PhD, Medically At Risk Driver Center (MARD), University of Alberta  
Diane McNeil, PhD, Alberta Health Services

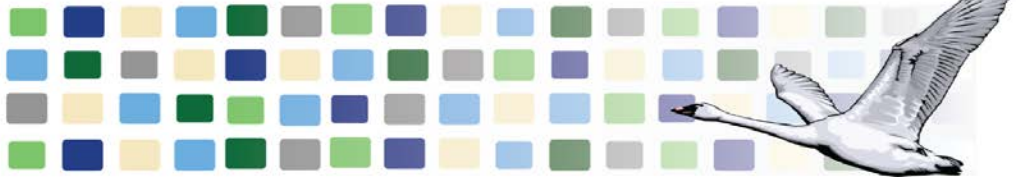
***The Changing Faces of Canadian Seniors - How to Promote Social Inclusion and Improve Multicultural Seniors' Utilization of Health and Wellness Programs and Activities***

Haidong Liang, PhD, Project and Facility Manager, Westend Seniors Activity Centre  
Janice Monfries, BA, Executive Director, Westend Seniors Activity Centre



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***“Putting on the Ritz” - LGBTQ Persons are Moving In!***

Michael Phair, MA, MEd, SAGE  
Eric Storey, B.Comm, BSW, RSW, SAGE

***LEARN - A Successful Community Response to Elder Abuse***

Rob Miyashiro, Executive Director; LSCO  
Marlene Van Eden, Support Services Coordinator, LSCO  
Dawn Vickers, FCSS Coordinator, City of Lethbridge

**12:00 p.m. Lunch and Poster Session**

**NOON – 1:15 p.m. *A Partnership between Not for Profit and Public Transit - Meeting Seniors’ Transportation Needs in Grande Prairie***

Disabled Transportation Society of Grande Prairie and City of Grande Prairie Public Transit

**Poster Sessions *Addressing Seniors Oral Health in Long Term Care***

Dental Hygiene Program, Faculty of Medicine and Dentistry, University of Alberta

***AMA & Alberta Health Services - Comprehensive Driving Evaluation Approach  
AMA Seniors In-Vehicle Evaluation***

Alberta Health Services, Alberta Motor Association (AMA)

***Chemicals , Our Home and Our Health - Strategies to Protect Seniors’ Health***

Environment Health Program, Health Canada, Government of Canada

***Dementia Friends***

Alzheimer Society of Alberta and North West Territories

***Fraud Prevention***

Wise Owl, Alberta Rural Crime Watch

***Nordic Walking - The Wonder Drug That Does NOT Require A Prescription!***

Urban Poling Inc.

***Power It Up! - Make the Nights a Blue Light Night for Dementia Awareness***

Early Onset Dementia Alberta

***Strengths-Based Community Development - Transitioning from Facilitated Older Adult Group to Independence***

CARYA

***The Wainwright and District Handivan Society - Making Alternative Transportation for Seniors and Persons With Disabilities (PWA) Sustainable***

The Wainwright and District Handivan Society



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**1:30 p.m. Keynote Address - Margaret Trudeau  
Celebrated Canadian | Mental Health Advocate**

Margaret Trudeau is a Canadian icon, celebrated both for her role in the public eye and as a respected mental-health issues advocate. From becoming a prime minister's wife at a young age, to the loss of both her son and her former husband, to living with bi-polar disorder, Margaret tirelessly shares her personal stories to remind others of the importance of nurturing the body, mind, and spirit.

Margaret is the author of four books, including her bestselling title, *Changing My Mind*, which charts her life's ups and downs, and her latest title, *The Time of Your Life*, which offers an inspirational and practical approach to creating a healthy, happy, secure and satisfying future.

Margaret sits on the Executive Advisory Board of the UBC Mental Health Institute as a community advocate, and she is the Honorary President of WaterAid, a charitable Canadian non-governmental agency that is dedicated to helping poor communities in developing countries build sustainable water-supply and sanitation services.

She is also the proud mother to Prime Minister Justin Trudeau

**2:45 p.m. Refreshments**

**3:00 p.m. End of Life Options - Striking a Balance**

Eric Wasylenko MD, CCFP, BSc, MHSc (bioethics), Alberta Health Services  
Jamie Tycholiz, BScN, RN, End of Life Consultant, Policy Capacity Strategic Policy Branch

**4:30 p.m. Closing remarks**

**4:30 p.m. - County of Grande Prairie Bus Tour/ Networking Reception at Philip J. Currie Dinosaur Museum**

**4:30 p.m. - Bus Tour leaves Pomeroy Hotel & Conference Centre, Grande Prairie**

**5:30 p.m. - Networking Reception - Philip J. Currie Dinosaur Museum, Wembley Alberta**

Delegates may take the bus tour. The bus tour will engage delegates in a journey to explore noteworthy landmarks in the area. This tour will highlight historical/cultural landmarks and buildings which play a significant role in the development of the area.

The bus tour will end at the newly opened Philip J. Currie Dinosaur Museum for the Networking Reception.

**Note: The bus tour is optional. Delegates may take their own transportation to the Networking Reception. Buses will return to Grande Prairie at 8:00 p.m.**



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WEDNESDAY, SEPTEMBER 21, 2016

7:30 a.m. Breakfast

8:30 a.m. Welcome and Opening Remarks

8:45 a.m. **Keynote Address - Maria Campbell**  
Author | Researcher | Elder

Her first book was the memoir *Halfbreed* (1973), which continues to be taught in schools across Canada, and which continues to inspire generations of indigenous women and men.

Maria is retired from the University of Saskatchewan, Departments of Native Studies and English where she taught Native Studies, Creative Writing and Drama. She is currently the Elder in Virtual Residence at the Centre for World Indigenous Knowledge and Research, Athabasca University and the Cultural Advisor at the College of Law, University of Saskatchewan. She holds four honorary doctorate degrees and has served as writer and playwright in residence at numerous universities, public libraries, and theatres.

She has worked as a researcher, meeting with elders to gather and record oral historical evidence of many aspects of aboriginal traditional knowledge, including medical and dietary as well as spiritual, social, and general cultural practices.

10:00 a.m. Displays and Refreshments

10:15 a.m. CONCURRENT BREAKOUT SESSIONS

***Age-Friendly Cities and Communities - Three Alberta Experiences***

Carol Ching, Senior Policy Coordinator, Seniors and Housing, Lead, Age-Friendly, Alberta Representative, Pan Canadian Age-Friendly Reference Group  
Sheila Hallet, BA, Executive Director, Edmonton Seniors Coordinating Council (ESCC)  
Raynell McDonough, MSW, RSW, City of Calgary  
Doneka Simmons, BA, BSW, RSW, Strathcona County FCSS

***Accessibility to the End-of-Life Services in Northern Alberta - The Strengths of Rural Communities***

Teresa Evans, RN, MN, Grande Prairie Hospice Palliative Care Society

***Keep It, Protect It, Pass It On - Making Money Work For You and Your Heirs!***



Kenneth O'Shea, CFP, EPC, Investors Group  
Kim Drever, BComm, CPA, MNP Tax Partner  
Lincoln Mar, BSc, LLB, Office of the Public Guardian and Trustee

***Engaging Seniors to Build a Healthy Francophone Community - Bilingual presentation***

Michelle Margarit, BEC, Executive Director, Association Canadienne-Francaise de L'Alberta, Grande Prairie Chapter (ACFA-GP)

11:30 a.m. Lunch and Displays



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12:30 p.m.

**CONCURRENT BREAKOUT SESSIONS**

***Your Future Matters - Be Prepared***

Ray Biggs, BA, BSW, Alberta Health Services  
Lincoln Mar, BSc, LLB, Office of the Public Guardian and Trustee  
Teresa Overgaard, MA Sociology, Office of the Public Guardian and Trustee

***He Can Fancy Dance with Reflections of Our Past***

Jo-Ann Bellerose, B.Ed, Alberta Health Liaison

***Seniors are Engaging on Social Media With or Without You - Become Part of the Conversation!***

Brian Yanish, Founder, Marketing Hits

***Meaningful Older Adult Engagement in Learning and Service - Wisdom from Carya's Program 'Elder Service Corps'***

Jamie Berlie, BHSc, CARYA  
Stephen Yates ; Community Member  
Mick Mulloy, Community Member

1:45 p.m.

**Refreshments**

2:00 p.m.

**CONCURRENT BREAKOUT SESSIONS**

***Understanding Provincial Financial Support for Seniors***

Stakeholder Engagement Advisors, Alberta Seniors and Housing

***In the Grey Zone - Considering the Patient Experience***

Deborah E. Prowse, QC, Alberta Health Advocate and Interim Seniors' Advocate  
Jody-Lee Farrah, MSW, RSW, Director, Office of the Alberta Health Advocates

***Social Inclusion of People Living with Dementia***

Donna Durand, Therapeutic Recreation-Leisure Services, Executive Director Alberta Council on Aging

***Aging in the Community of Choice - Creating Caring Communities to Support Seniors***

Rev. Daranne Harris, Vice President & Chief Mission Officer, Bethany Care Society  
Nancy Hughes, Vice President & Chief Operating Officer, Bethany Care Society

3:15 p.m.

**Closing Remarks and Door Prizes**

